

EXPLORER SERIES

The EXPLORER SERIES is a set of twenty-four tapes unique to the Research Division of the Monroe Institute. Each tape consists of actual recordings, taken during experiments with the MIAS tapes, which explored the far reaches of altered time and space. In these altered states, certain individuals learned to extend their consciousness into non-physical realms of existence. Monitored by Robert Monroe, the Explorers" report from these non-physical environments, and communicate their perceptions. In many instances, foreign "third parties" would enter the experiments to aid in the understanding of their non-physical worlds. In the case of Miranon and many of the experiments with ROMC, a total emergence from one being into the Explorer's physical body took place, causing definitions and concepts relating to our physical beings to be drastically reexamined!

Following is a brief description of each of the tapes:

- 1) An out-of-body experience. Communication through the Explorer's vocal chords from other entities. ROMC
- 2) From a REBAL, the Explorer is taken into several past-life regressions. ROMC
- 3) A physicist Explorer discusses the human relationship with higher consciousness and the opportunities for learning; ways to develop new technology. TCA
- 4) The multi-dimensional aspects of the self; how thought forms limit us; the importance of recognizing the limitlessness of the soul. Notice of preparation for Earth Changes. ROMC
- 5) Introduction to Miranon, coming from level 46 of pure energy. The story of Leona and of Lemuria. The seven evolutions of Earth, and introduction to the "Cosmology of Seven." SHE
- 6) Miranon further explains the "Cosmology of Seven" — the levels and planes of existence. The purpose of guides in helping us overcome our limitations. SHE
- 7) What is reality? How humans can gain awareness of the true reality. The purpose of sleep in balancing human perception. Mental illness as a healing process. ROMC

- 8) Discussion of consciousness. The importance of breaking thought barriers by putting knowledge into action. The purpose of the Christ and the importance of knowing the Christ consciousness within the self. ROMC
- 9) Four Explorers discuss Earth Changes throughout the world, the reasons for them, and what humans can do to avert or minimize their effects. All foresee coming catastrophe, but many beneficial results in the next 20+ years. TC, SHE, MC, JOC
- 10) A meeting with several entities who have passed over to the other side. Discussion of their activities and perceptions now of physical existence. A discussion of food and energy. MAJ
- 11) The five levels of human consciousness. The importance of overcoming limiting thoughts and being responsible for one's own self. ROMC
- 12) TC reports on his travels and his communications with other entities. Message on the levels of human consciousness. TC
- 13) Miranon discusses health and energy, walking, the correspondence of the seven energy centers of the body with the seven levels of human existence, growth and death as one. More discussion of vibrational levels and definitions of what we call good and evil. SHE
- 14) Left and right hemispheres of the brain. The 14 triangles of safety in the U.S. Discussion of higher consciousness. Miranon prepares to move from level 46 to higher planes. SHE
- 15) Relation of energy and the physical body. Simultaneous existences. Nature of the personality. Discussion of food. JCA
- 16) The effects of auditory signals on the brain. The importance of balancing and integrating male/female principles within the self. Arrival to Earth of non-physical entities to prepare humans for coming Earth Changes. TC
- 17) The rescue of Patrick, who has died more than 100 years ago, but refuses to accept his death. ROMC
- 18) Story of the Creation. The created as the Creator and the unity of all things.
- 19) A message about Christ Consciousness, love and fear. NVP

- 20) Attachments, including religious beliefs, as major stumbling blocks to spiritual development. Comments on Earth Changes. MJL
- 21) A meeting with Father Time. Encounters with other forms of existence, each with a message. JCA
- 22) Comments from the Council of Love about the dawning of the Aquarian Age. Lessons that Man must learn. NKH
- 23) Robert Monroe reviews the past 10 years of his work. Life as wave forms. Comments on reincarnation. RAM
- 24) Robert Monroe describes his laboratory procedures. Excerpts from some Explorer tapes. Final report from Miranon. RAM

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